



INCARNATION

LUTHERAN CHURCH

WELCOME TO WORSHIP

The Gospel of Mark:
How do we live and love like Jesus for a lifetime?

May 31, 2026 | Worship at 10:00 AM

All live-streamed worship will be on Vimeo, but you don't need a Vimeo account to view the live stream. The live stream will begin about ten minutes before the start of the service, so you can ensure you are connected.

Connect to Worship at [9:00 AM](#) and [10:30 AM](#)

[PDF Bulletin & Announcements](#)

[Watch later on Facebook](#)

[Watch later on the Web](#)

Prayer Concerns

Dawn Schwantz; Sally Dorr; Dede Mattison; Karen Ruff; Ronald Anderson; Dottie House; Carlos Rodriguez; Erin Holmen; Karen Stauder; Kara Genia & family; Jon Nelson; Kate Tollefson & family; Carol Beckerleg; Marian Ness; Lowell Odland; Linda Hudepohl; Paul Howard's sister; Linda Brynjulfson's sister; Kara & Mike Johnson's son & daughter-in-law; Katie Gray's daughter, Erin; Nicole & Troy Heller's brother-in-law; Kay Leerssen's daughter; Grant Rykken's brother-in-law; Sue Bernlohr's mother; Mike Wielenberg's mother; Al and Carolyn Ek's son; Judy Nelson's friend, Leona; Nancy Haugen's friends David, Michelle & family and Colette & family; Kim Wielenberg's friend, Cindy; Dede Mattison's friends, Allan and Yvonne; caregivers

Baptized on Sunday: Emily Swenson, daughter of Alexandra & Kyle Swenson

Sympathy to Tom Henk & family on the death of his brother

Memorial Service for Larrie Reese at Incarnation on **Wednesday, June 10, 2026.**
Visitation at 10:00 am; Memorial Service at 11:00 am; Luncheon following the service.

Memorial Service for Deb Rykken at Incarnation on **Thursday, June 11, 2026.**

Visitation at 10:00 am; Memorial Service at 11:00 am; Luncheon following the service.

To be added to the public prayer concerns list, please get in touch with [Julie Durbin](#). If you would like to add someone else to the public prayer concerns list, please obtain their consent first.

Altar Flowers

Altar flowers given to the Glory of God by Tom & Sue Henk in loving memory of Tom's brother, John.

If you would like to have altar flowers given in honor or memory of someone, don't hesitate to get in touch with the Incarnation Office at 651-484-7213 to sign up (cost: \$25). Donations help offset the cost of the beautiful flowers the Worship Arts team provides. Altar flowers express our love for God, enhance our gathering around the Word and Sacrament, and represent changing seasons both in the church year and in nature.



Click on the image above to link to our giving page.

Giving a Gift

We are grateful for your continued support of the ministries at Incarnation. Your generosity is not only vital to our church's worship but helps us have an impact on people in the surrounding communities and beyond. We invite you to continue with us on this journey! If you have questions about setting up an electronic recurring donation or making a gift through stocks, an IRA, or a donor-advised fund, please reach out to [Amy Faymerville](#), our gifts manager.

WORSHIP & MUSIC

Pentecost Worship Banner

On Pentecost, the disciples were given the ability to share the Gospel with people of varied languages and diverse backgrounds (Acts 2:1-4). The banner features a white dove, a symbol of the Holy Spirit, descending with tongues of fire upon the disciples. Seven flames represent gifts of the Holy Spirit: wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord (Isaiah 11:2-3).



Summer Hymns

Do you have a favorite hymn
that you'd like to sing at the
9:00 AM worship service
this summer?
Contact Amy Maakestad!

Summer Hymn Requests

Do you have a favorite hymn that you'd like the congregation to sing at the 9am worship service this summer? I would love to know about it! Even if you have requested a hymn in the past, you are very encouraged to do it again. Keep in mind that well-known hymns, especially ones that are in our hymnals, are more likely to be sung well by the congregation. Submit one or several choices to the Director of Traditional Worship, Amy Maakestad, at amaakestad@incarnationmn.org. Thank you!



Lift Your Voice With Us at Summer Choir

We would like to invite anyone who loves to sing to join us for summer choir on **Sunday, June 14**. We will meet at 8:15 am that morning in the sanctuary, and

all music will be supplied. Have fun lifting your voice and experiencing the largest "small group" at Incarnation.

If you have questions, please email [Sean Turner](mailto:Sean.Turner@incarnationlutheran.org).

ANNOUNCEMENTS

Quick Links:

[Small Groups](#)

[Serve](#)

[Giving](#)

Parking Update for Sunday, May 31

On Sunday, the 31st, our main (south) parking lot will be open. Please note that the surface consists of compacted sand, and there are no marked parking stalls. The designated accessible parking area will remain open.



Welcome to Summer Celebration! Sunday, May 31, 10 am – 1 pm

All are welcome to join us as we welcome and celebrate a new season. We hope to see you there! Don't forget to bring a friend! **Volunteers are needed** for this celebration if you're able and willing. Sign up here to help on Sunday:



[Summer Celebration VOLUNTEER Sign-Up](#)

Interested in Journaling? "Morning Musings" Starts June 1

In response to requests from people who recently attended a *Wellbeing Wednesday* session on prayer/spiritual journaling, monthly journaling sessions will be held this summer. Participants said they were energized by the process of writing in the presence of others.

Anyone interested in journaling is welcome. Attend as your schedule permits. The first session will be held in the Fireside Lounge on Monday, June 1, 10 a.m. to 11:30 a.m. The plan is to meet the first Mondays of the month, but the July date will be discussed at the first meeting, as it falls near the 4th of July.

Sessions will begin with a short opening discussion, followed by “bursts” of writing. A prompt/topic will be introduced and participants will have 5-10 minutes to write about it. Following that, people will discuss how the process worked for them. Sharing is optional and no one will be asked to share what they journaled. Since this is a new endeavor, we may fine-tune the format as time goes on.

Bring a pen and journal. Beverages and snacks will be provided. If you have questions, contact [Patty Nilsen](#).



Vacation Bible School
June 15 – June 18 |
9am – Noon | 4-year-olds –
4th Grade

Registration Deadline June 7

Join us for the Snowball Mountain Challenge – an unforgettable week of winter sports, games, snowy surprises, and lessons on faith and resilience. Register today to secure your spot for this amazing week! Register at www.incarnationmn.org/summer



Register here.



VBS Volunteers Needed

To make this amazing week possible we're still looking for additional youth volunteers to act as crew guides and a few more adult volunteers to help support our station leaders. Any availability is welcome! www.incarnationmn.org/summer

Meals on Wheels: Make Someone's Day in Just One Hour!

Ready to turn your Friday lunch break into the most rewarding part of your week? Join the **Incarnation Meals on Wheels team** and help us deliver more than a nutritious meal. As a Meals on Wheels volunteer, you'll be providing a vital human connection to neighbors who truly value the visit. It's a great way to bond with others, too, so feel free to bring along a friend, a family member, or even a co-worker! Our routes are designed to take **no more than one hour between 11 am and 1 pm on Fridays.**



If you're ready to deliver a smile and a warm meal, please **contact the church office at 651-484-7213** for more information. We'd love to have you on the team!

642 Reasons to Smile: Thank You for Three Years of Successful Blood Drives

Incarnation hosted its twelfth quarterly American Red Cross blood drive on Tuesday, May 12. Our fourth year will start with our next drive on Tuesday, August 11.

You (congregation, donors, Incarnation staff, volunteers, and Red Cross) have done marvelous things for our community and nation with these blood drives and generous gifts of blood to patients in need. We have collected 642 units of blood at these drives.

If you'd like to join the throng at the August 11 and/or November 5 drive, please click on the button to the right. If you're interested in Power Red donation and would like to learn more, follow this link:

<https://www.redcrossblood.org/donate-blood/how-to-donate/types-of-blood-donations/power-red-donation.html>



Next Blood Drive
Sign-Up

Lyngblomsten Update

Lyngblomsten Community Services still has plenty of openings for its June 3 caregiver education presentation next week on assistive technology. Please pass the word along to those in your congregations who'd find this information and the accompanying demonstrations helpful.

Additionally, for those helping an older adult experiencing memory loss, Community Services hosts monthly support meetings, both virtually and in person.



For high school and college students looking for a summer service opportunity, Lyngblomsten offers plenty of options. Our service coordinators will match any interested youth with the best possible fit.



Small Groups for Summer

Sign up on Sundays, May 17 or May 31, or reach out to the group leader(s) to let them know of your interest.

Casual Biking Small Group

Leader: Claudia Wiebold

Saturdays, 8:30 am – noon

May 30, June 13, July 11, Aug 1, Sept 12

Bike at a casual pace, experience creation, and connect with others who enjoy biking. This group takes easy-to-moderate trails in the Twin Cities, meeting at each trailhead. The group bikes for 2-3 hours, up to 20 miles (approximately 10 mph), with devotions led by the group leader.

Men's Hiking Small Group **nearly full, contact leader if you'd like a spot*

Leader: Mark Oswood

1st Tuesday of May to September, 6:15 pm meet at Incarnation; carpool to the trail

Tuesdays, May 5, June 2, July 7, Aug 4, Sept 1

Practicing Meditation with the Psalms

Leader: Emily Schwieters

Mondays, 6:15 – 6:45 pm

June 1, 8, 15, 29, and/or

August 3, 17, 24, 31

(Two sessions offered, pick one or two)

Come to the chapel ready to participate in a quiet, guided meditation of the Psalms. Participants can sit in a traditional chair or bring their own mat, blanket, or cushion to sit on the floor. We will listen to a Psalm and then do a traditional guided meditation together. This will include deep breathing, attention to the body, silence, and prayer.

The Saint John's Bible: A 5-Session Overview

Leader: Grant Rykken

Tuesday evenings: 6:30-8:00 pm

June 16, 30, July 14, 28, Aug 11

The Saint John's Bible is an amazing story of project management, artwork, and theology. We will take a look at each of the 7 volumes, using methods of Lectio Divina (sacred reading) and Visio Divina (sacred seeing).

Caring for the Earth: Stories from Faith Communities

Leader: Nancy Stutzman

Tuesday evenings, 6:45-8:00 pm

June 9, 16, 23, July 7, 14

A Creation Care Small Group video series and discussion with film series featuring faith leaders from diverse traditions across the US who share their experience, strength, and hope. You will deepen your knowledge around faith and climate, be inspired to take action, and strengthen your relationships with other people and creation. Explore why our faith moves us to care for water, work for justice, support biodiversity, center youth, build resiliency and preparedness, and strive for a healthy climate.

Book Study "The Universal Christ" by Richard Rohr

Leader: Connie Wikman

Sunday mornings at ILC 10:10-11:30 am
July 12 & 19, August 2, 16 & 30, September 13

We will explore this thought-provoking book that discusses the relationship between Jesus and Christ. Come to this group to learn about the Creator's presence all around us and in everyone we meet.

Incarnation Discovery Center: Where Little Minds Make Big Discoveries

Preschool enrollment and tours are happening now!
Click the button below for more information, to
schedule a tour, and to register.

Learn More About Incarnation Discovery Center



Youth & Family Ministry

The Weekly Update

Important Updates

- **Welcome to Summer Celebration** – Sunday, May 31, 10:00 am-1:00 pm
Welcome to Summer Celebration (bouncies, climbing wall, food trucks, fun & games for all!)
[Sign up to serve HERE](#)
- **Morning Events**
First Thursday – June 4, 7:00-8:30 am – North Oaks Caribou
All 6-12th-grade youth get a FREE small beverage – bring friends
- **Serve cookies and coffee** on Sunday (2 hrs) – sign up here
- **Thank you so much** to everyone who gave during our cinnamon-roll summer camp/trip fundraiser. Your donations make it possible for our kids to have life-changing experiences with God, each other, and God's creation.



To view our schedules and loads of other stuff, head to our [MSM](#) or [HSM](#) webpages.



Evangelical
Lutheran Church
in America

Learning Opportunity from the Racial Justice Ministry

ELCA Racial Justice Ministries presents a 5-part webinar series on "Equipping the Church to Dismantle White Supremacy."

Thanks to a Strategy for Authentic Diversity grant, the series will highlight existing ELCA resources that encourage, equip, and support congregations and synods in the essential work of dismantling white supremacy. These webinars will elevate voices from across the church who are actively engaging this work and offer both practical and theological grounding.

Register for the FREE series today: <https://bit.ly/equipwebinars>

- Webinar #1: "Naming White Supremacy in Lutheranism" - May 12 at 7 pm central
- Webinar #2: "Freedom of a Christian: Reclaiming the Gospel for Justice" - July 14 at 7 pm central
- Webinar #3: "Dismantle: Using the Devotional in Congregational Life" - September 8 at 7 pm central
- Webinar #4: "Now is the Time: Living Into Our Church's Declarations and Statements" - November 10 at 7 pm central
- Webinar #5: "Commemorating the Emmanuel Nine and George Floyd: Sacred Memory as Call to Action" - January 12 at 7 pm central

Lutheran Disaster Response

Lutheran Disaster Response shares God's hope, healing, and renewal with people whose lives have been disrupted by disasters in the United States and worldwide. When the dust settles and the headlines change, we stay to provide ongoing assistance to those in need.

[Learn More About Lutheran Disaster Response](#)

[Giving to the ELCA](#)

- If you are new to Incarnation or you want to learn more about Incarnation ministries, [please complete this online form](#) we'll use to connect you to a ministry leader according to your interests.
- Please consider [giving giving online](#), allowing Incarnation to receive the funds quickly. You will be able to donate to the Ralph Reeder Food Shelf, Feed My Starving Children, the Operating Budget and more through the same link. [Click here](#) to learn about all the ways to give.
- [You can find the online worship web page here.](#)
- [To email the council directly, click here.](#)
- To request council minutes, please email [Julie Durbin](#).
- To be added to the public prayer concerns list, contact [Julie Durbin](#). If you would like to add someone else to the public prayer concerns list, please obtain their consent first.

- If you are ill, someone is hospitalized, or there is a death, call the Incarnation Office at 651-484-7213. If it is outside of Office Hours, contact the on-call Pastor at 651-484-7213 ext. 204.
- [The Staff Directory, with email addresses, can be found here.](#)
- Questions? [Contact Julie Durbin.](#)

Incarnation Lutheran Church

incarnationmn.org

651.484.7213

UNSUBSCRIBE — UPDATE CONTACT INFORMATION

If your contact information has changed or if you would no longer like to receive Online Worship Emails from Incarnation, please contact [Marina Nyberg](#) to take you off the list.

Please note that when you choose to unsubscribe using the link below, you will no longer receive ANY Incarnation email communications through Constant Contact. For this reason, you're asked to email [Marina Nyberg](#) if you wish to be removed from specific Incarnation email communications.



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