



# INCARNATION

## LUTHERAN CHURCH

### WELCOME TO WORSHIP



### May 17, 2026 | Worship at 9:00 am and 10:30 am

All live-streamed worship will be on Vimeo, but you don't need a Vimeo account to view the live stream. The live stream will begin about ten minutes before the start of the service, so you can ensure you are connected.

Connect to Worship at [9:00 AM](#) and [10:30 AM](#)

[PDF Bulletin & Announcements](#)

[Watch later on Facebook](#)

[Watch later on the Web](#)

### Prayer Concerns

Sally Dorr; Dede Mattison; Karen Ruff; Ronald Anderson; Dottie House; Carlos Rodriguez; Erin Holmen; Karen Stauder; Kara Genia & family; Jon Nelson; Kate Tollefson & family; Carol Beckerleg; Marian Ness; Lowell Odland; Linda Hudepohl; Linda Brynjulfson's sister; Kara & Mike Johnson's son & daughter-in-law; Katie Gray's daughter, Erin; Nicole & Troy Heller's brother-in-law; Kay Leerssen's daughter; Tom Henk's brother; Grant Rykken's brother-in-law; Sue Bernlohr's mother; Mike Wielenberg's mother; Al and Carolyn EK's son; Judy Nelson's friend, Leona; Nancy Haugen's friends David, Michelle & family and Colette & family; Kim Wielenberg's friend, Cindy; Dede Mattison's friends, Allan and Yvonne; caregivers

**Sympathy to** the family of Deb Rykken on her death

**Memorial Service** for Larrie Reese at Incarnation on Wednesday, June 10, 2026.  
Visitation at 10:00 am; Memorial Service at 11:00 am; Luncheon following the service

*To be added to the public prayer concerns list, please get in touch with [Julie Durbin](#). If you would like to add someone else to the public prayer concerns list, please obtain their consent first.*

## Altar Flowers

If you would like to have altar flowers given in honor or memory of someone, don't hesitate to get in touch with the Incarnation Office at 651-484-7213 to sign up (cost: \$25). Donations help offset the cost of the beautiful flowers the Worship Arts team provides. Altar flowers express our love for God, enhance our gathering around the Word and Sacrament, and represent changing seasons both in the church year and in nature.



### GIVING

Click on the image above to link to our giving page.

## Giving a Gift

We are grateful for your continued support of the ministries at Incarnation. Your generosity is not only vital to our church's worship but helps us have an impact on people in the surrounding communities and beyond. We invite you to continue with us on this journey! If you have questions about setting up an electronic recurring donation or making a gift through stocks, an IRA, or a donor-advised fund, please reach out to [Amy Faymoville](#), our gifts manager.

## WORSHIP & MUSIC

### Easter Worship Banner

*2 Corinthians 5:17 — Therefore, if anyone is in Christ, he is a new creation; the old has passed away, behold, the new has come.*

The Easter banner features two symbols of the Resurrection—an empty cross and a butterfly. The empty cross represents a risen and living Christ. The butterfly signifies bursting from the grave and being raised to a new life. Parallels have been drawn between the stages of the life of a butterfly and the life of a Christian. The plain looking chrysalis, wrapped in what reminds one of burial shrouds, parallels the grave. The chrysalis emerges as a beautiful butterfly. White and gold, the liturgical colors for Easter season, symbolize purity, light, glory and joy.



# Summer Hymns

Do you have a favorite hymn  
that you'd like to sing at the  
9:00 AM worship service  
this summer?

Contact Amy Maakestad!

## Summer Hymn Requests

Do you have a favorite hymn that you'd like the congregation to sing at the 9am worship service this summer? I would love to know about it! Even if you have requested a hymn in the past, you are very encouraged to do it again. Keep in mind that well-known hymns, especially ones that are in our hymnals, are more likely to be sung well by the congregation. Submit one or several choices to the Director of Traditional Worship, Amy Maakestad, at [amaakestad@incarnationmn.org](mailto:amaakestad@incarnationmn.org). Thank you!



## Lift Your Voice With Us at Summer Choir

We would like to invite anyone who loves to sing to join us for summer choir on **Sunday, June 14**. We will meet at 8:15 am that morning in the sanctuary, and

all music will be supplied. Have fun lifting your voice and experiencing the largest "small group" at Incarnation.

If you have questions, please email [Sean Turner](mailto:Sean.Turner@incarnation.org).



**Caritas**  
VOCAL ENSEMBLE  
MUSIC WITH IMPACT

**The Bountiful Table**  
A celebration of all things edible

**MAY 17 AT 3:00 PM**  
INCARNATION LUTHERAN CHURCH  
TICKETS AVAILABLE AT THE DOOR



Pull up a chair to *The Bountiful Table* as Caritas Vocal Ensemble serves up a full helping of delicious harmonies, tasty licks, and sweet rhythms inspired by our favorite foods. Bon appetit! It's a varied menu—come hear music from Palestrina to Manhattan Transfer and more!

Caritas is the Twin Cities' premier avocational vocal ensemble, committed equally to artistic excellence and community service. Through partnerships with nonprofit organizations across the Twin Cities metro, Caritas uses highly refined choral performance to amplify community causes and raise awareness of the vital services these organizations provide.

Caritas website: <https://www.caritasvocalensemble.org>

Tickets available at the door or for purchase online here: <https://www.zeffy.com/en-US/ticketing/the-bountiful-table-517-caritas-concert>

## ANNOUNCEMENTS

### Quick Links:

[Small Groups](#)

[Serve](#)

[Giving](#)

### Council Forum Sunday, May 17, 2026

Hey, who's the new guy walking around with a clerical collar? Whatever happened to the HVAC units that are part of Building For Our Future (BFOF)? And what's going on with the solar array? Furthermore, what's happening with the Incarnation Discovery Center preschool?

**Come to the council forum at 10:15 am on Sunday, May 17, and find out!**

In addition to the BFOF updates, we'll also look ahead — staff and council are engaging in a new 3-year planning process. That scope includes ministry both inside and outside the walls of Incarnation. The planning scope also asks the question: how do we as Incarnation grow our engagement with the broader community? We can imagine more “neighboring”. Another possibility is a speaker series, a long with our music series. Did you know that our music series doubled attendance over the past year? How does our sanctuary support this type of engagement, as well as impactful worship?

Bring your ideas, bring your questions. Bring a friend. Most importantly, bring yourself. (Spoiler alert: the new guy in the clerical collar is Pastor Lamont Koerner. We'll welcome him with an introduction.)

See you at the council forum!

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## **Young Adults: Coffee & Catch-Ups—The Summer Kickoff**

**Young Adults of Incarnation**, come meet Mike at the Vadnais Heights Starbucks for after-church coffee and brunch this Sunday, May 17 (12 pm – 2 pm). This will be a great time for returning college students to connect with us about how life is going and to get updates on upcoming young adult events for the summer!

Starbucks, 1016 Hwy 96 E, Vadnais Heights, MN 55127



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## **PrimeTimers: Gary LaRue, DJ Unplugged**

Add a little swing to your morning! Local crooner Gary LaRue invites you, with a whole lot of charm, to step back into the world of Frank Sinatra, Dean Martin, and Sammy Davis Jr., and their timeless songs.

A fun tribute to music you know and love—perfect for a morning of reminiscing and maybe even a little singing along. Top it off by staying for lunch—just be sure to call ahead to reserve your spot.

- **Thursday, May 21, 2026**
- **Doors open: 10:00 am**
- **Program starts: 10:30 am**
- **Lunch: 11:30 am | \$10 (payable at the door)**



To reserve your lunch spot, please call Julie Durbin at 651-484-7213 **by Monday, May 18.**

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## Packing Shifts Available at FMSC in Coon Rapids

Let's continue the momentum of the All Hands on Hope MobilePack™ and feed more of God's hungry kids! There are three different shifts available for Incarnation community members at the FMSC permanent site in Coon Rapids next week. Join us and make a difference in just two hours. Visit [Incarnation's Feed My Starving Children Ministry web page](#) to see the different dates and times, and links to register to volunteer. The days and shifts are:

- Tuesday, May 19 — 7:15-8:45 pm
- Wednesday, May 20 — 2:30-4:15 pm
- Thursday, May 21 — 5:00- 6:30 pm

All are welcome to any and all shifts. Invite your friends, family members, or co-workers to share a meaningful experience.



## An Invitation for All to a Morning of Learning and Care in the Peace Garden

Saturday, May 30, from 9:30–11:30 AM

Want to learn about rain gardens and even dig a little in the dirt to help maintain one? We would love to have you join us at the ILC Peace Garden (near the preschool play area) for a training and work session.

We're building on last year's efforts to keep this community space as welcoming and sustainable as possible. But there is more work to do to keep the space beautiful and functional. So bring your gardening gloves and join us for the training and some work time in our Peace Garden. All ages are welcome! No experience required—just a willingness to help out and enjoy creation!

- **When:** Saturday, May 30 | 9:30–11:30 AM
- **Where:** ILC Peace Garden
- **RSVP:** Email Nancy Stutzman at [nancystutzman@comcast.net](mailto:nancystutzman@comcast.net)



## Welcome to Summer Celebration! Sunday, May 31, 10 am – 1 pm

All are welcome to join us as we welcome and celebrate a new season. We hope to see you there! Don't forget, to bring a friend! Volunteers are needed for this celebration if you're able and willing. Sign up here:



[Summer Celebration VOLUNTEER Sign-Up](#)

**Interested in Journaling?**

## "Morning Musings" Starts June 1

In response to requests from people who recently attended a *Wellbeing Wednesday* session on prayer/spiritual journaling, monthly journaling sessions will be held this summer. Participants said they were energized by the process of writing in the presence of others.

Anyone interested in journaling is welcome. Attend as your schedule permits. The first session will be held in the Fireside Lounge on Monday, June 1, 10 a.m. to 11:30 a.m. The plan is to meet the first Mondays of the month, but the July date will be discussed at the first meeting, as it falls near the 4th of July.

Sessions will begin with a short opening discussion, followed by "bursts" of writing. A prompt/topic will be introduced and participants will have 5-10 minutes to write about it. Following that, people will discuss how the process worked for them. Sharing is optional and no one will be asked to share what they journaled. Since this is a new endeavor, we may fine-tune the format as time goes on.

Bring a pen and journal. Beverages and snacks will be provided. If you have questions, contact [Patty Nilsen](#).



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## All Hands on Hope MobilePack™ Feeding Kids and Reducing Waste

The 2026 All Hands on Hope MobilePack™ was a giant success! 1,843 volunteers showed up to pack 614,520 meals! Our work together will feed 1,684 kids for one year. We met our packing goal on Sunday, April 26th, during the last shift, ending right on time.

Incarnation's Feed My Starving Children Action Group wants to thank each and every person who volunteered (many of you over several days), donated funds to meet our goal and prayed for this event's success.



We introduced some new strategies this year in conjunction with Incarnation's Creation Care Action Group to reduce the amount of waste generated during the MobilePack. We are happy to report that our efforts were very successful:

- Some 200 lbs of organics were delivered to the compost site. This includes paper towels from the handwashing station area, spilled ingredients from the packing room floor, and food and paper waste from the team meals.
- An entire Dumpster full of cardboard was recycled.
- At least 200 lbs of plastics were donated to a school that's collecting 1,000 lbs of plastic to have a park bench made for the schoolyard.

Thank you our volunteers who helped us collect this waste and create a more eco-friendly MobilePack. We look forward to continuing this tradition during future events.

A full recap of the MobilePack will be in the June issue of the Lifetimes newsletter.

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## 642 Reasons to Smile: Thank You for Three Years of Successful Blood Drives

Incarnation hosted its twelfth quarterly American Red Cross blood drive on Tuesday, May 12. Our fourth year will start with our next drive on Tuesday, August 11.

You (congregation, donors, Incarnation staff, volunteers, and Red Cross) have done marvelous things for our community and nation with these blood drives and generous gifts of blood to patients in need. We have collected 642 units of blood at these drives.

If you'd like to join the throng at the August 11 and/or November 5 drive, please click on the button to the right. If you're interested in Power Red donation and would like to learn more, follow this link:

<https://www.redcrossblood.org/donate-blood/how-to-donate/types-of-blood-donations/power-red-donation.html>



Next Blood Drive  
Sign-Up

## Vacation Bible School 2026 | Snowball Mountain Challenge! Monday, June 15 – Thursday, June 18 | 9am – Noon | 4-year- olds – 4th Grade

Join us for the Snowball Mountain Challenge – an unforgettable week of winter sports, games, snowy surprises, and lessons on faith and resilience. Register today to secure your spot for this amazing week! Register at

[www.incarnationmn.org/summer](http://www.incarnationmn.org/summer)



Register here.

A large graphic for the Snowball Mountain Challenge. On the left is a purple shield with the text "VACATION BIBLE SCHOOL 2026 SNOWBALL MOUNTAIN CHALLENGE Find Your Strength in God!". On the right, a purple box contains the text "VOLUNTEERS NEEDED! June 15-18 | 9am-Noon" followed by a list of roles: "Adult Guides", "Game Leaders & Support", "Bible Time Leaders & Support", "Check-in & Welcome Crew", "Craft Leaders & Support", "Decorating & Clean up Crew", "Snack Support", and "Youth Small Group Leaders". At the bottom, it says "Youth & Adults Sign-up at incarnationmn.org/summer". The background is a snowy mountain scene.

## VOLUNTEERS NEEDED!

June 15-18 | 9am-Noon

- Adult Guides
- Game Leaders & Support
- Bible Time Leaders & Support
- Check-in & Welcome Crew
- Craft Leaders & Support
- Decorating & Clean up Crew
- Snack Support
- Youth Small Group Leaders

Youth & Adults Sign-up at  
[incarnationmn.org/summer](http://incarnationmn.org/summer)

## VBS Volunteers Needed

To make this amazing week possible we're still looking for additional youth volunteers to act as crew guides and a few more adult volunteers to help support our station leaders. Any availability is welcome! [www.incarnationmn.org/summer](http://www.incarnationmn.org/summer)

## Solid Ground Spring Shower

As Solid Ground families settle into their new homes and communities, we are invited to help make that transition easier by donating cleaning supplies and essential household items. Your support meets an immediate need for families emerging from homelessness while also helping create a warm, welcoming start in their new homes.

Donations can be dropped off at Incarnation in the bin labeled "Solid Ground Spring Shower" from May 10 through May 31. Monetary donations are also greatly appreciated, as they help provide essential household items throughout the year when supplies are low. Please include "SG Spring Shower" in the memo line of your donations. Thank you for your generosity!



The graphic features a blue sky with colorful butterflies at the top. Below them is the Solid Ground logo with the tagline "HELPING FAMILIES BUILD STRONG FOUNDATIONS". The main text reads "Spring Shower May 10-May 31" in a large, black, sans-serif font. The bottom of the graphic shows a green field with white daisies and butterflies.

Most needed items include:

- Swiffer type mops & refills
- Kitchen wastebaskets & bags
- Bathroom wastebaskets
- Pillows
- Liquid hand soap
- Disinfectant wipes & spray
- Bathroom Cleaner/Toilet Cleaner
- Paper Towels
- Oven mitts, potholders, dish cloths (no dish towels)
- 9x13 baking pans
- Small plastic food storage
- Covered casserole dishes



## Summer Youth Program Volunteers

Help Solid Ground make this summer fun for local youth! Assist with activity prep, meal service, and event setup in White Bear Lake. No experience is required—and all kinds of volunteers are welcome to participate.

- **When:** Tuesday–Thursday, 12:00–3:00 PM (Select dates June 9-11, 16-18 & August 5-6, 11-13)
- **Where:** 3521 Century Ave N, White Bear Lake

- **Special Skills:** Do you have a hobby such as cooking, gardening, painting, sports, or knitting? Ask about sharing your passion with us!

To get involved, contact Dylan at [DMcDonough@solidgroundmn.com](mailto:DMcDonough@solidgroundmn.com) or 651-846-9024.

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## Meals on Wheels: Make Someone's Day in Just One Hour!

Ready to turn your Friday lunch break into the most rewarding part of your week? Join the **Incarnation Meals on Wheels team** and help us deliver more than a nutritious meal. As a Meals on Wheels volunteer, you'll be providing a vital human connection to neighbors who truly value the visit. It's a great way to bond with others, too, so feel free to bring along a friend, a family member, or even a co-worker! Our routes are designed to take **no more than one hour between 11 am and 1 pm on Fridays.**



If you're ready to deliver a smile and a warm meal, please **contact the church office at 651-484-7213** for more information. We'd love to have you on the team!

## Interested in Hosting an Exchange Student?

The Arden Hills/Shoreview Rotary club is looking for three Host Families to host a 16-year-old boy from Norway for the next school year. He's arriving in August and loves soccer! He will attend Mound View High School. Each family would host the student for approximately three and a half months. If you are interested in learning more, please contact:

Charlie Oltman, Youth Exchange Officer  
Arden Hills/Shoreview Rotary Club  
612-310-1286  
[coltman@comcast.net](mailto:coltman@comcast.net)





## Pickleball is on Summer Break

Thank you to all pickleball aficionados for a fun 2025-26 pickleball season! We are taking a break for the summer starting in May. Look for information about starting again in the fall at the end of summer.

## Incarnation Discovery Center: Where Little Minds Make Big Discoveries

Preschool enrollment and tours are happening now! Click the button below for more information, to schedule a tour, and to register.

[Learn More About Incarnation Discovery Center](#)

**NOW ENROLLING**  
**FOR 2026/2027!**  
16 MONTHS - 5 YEARS

INCARNATION  
Discovery Center  
For Early Learning  
[www.ladcfamilies.org](http://www.ladcfamilies.org)

# Youth & Family Ministry

## The Weekly Update



### Important Updates

- **Welcome to Summer Celebration** – Sunday, May 31, 10:00 am-1:00 pm  
Welcome to Summer Celebration (bouncies, climbing wall, food trucks, fun & games for all!) [Sign up to serve HERE](#)
- **Morning Events**  
**First Thursday** – June 4, 7:00-8:30 am – North Oaks Caribou  
**Third Thursday** – May 21, 7:00-8:00 am – Kingdom Baking, Blaine/Circle Pines  
All 6-12th-grade youth get a FREE small beverage – bring friends
- **Serve cookies and coffee** on Sunday (2 hrs) – sign up here

To view our schedules and loads of other stuff, head to our [MSM](#) or [HSM](#) webpages.



### June Newsletter Deadline: Wednesday, May 20

Submissions for the June issue of the Lifetimes newsletter are due by 9:00 am on Wednesday, May 20. Please email your article to [Marina Nyberg](#), communications director. Thank you!



Evangelical  
Lutheran Church  
in America

**Lutheran Disaster Response**

Lutheran Disaster Response shares God's hope, healing, and renewal with people whose lives have been disrupted by disasters in the United States and worldwide. When the dust settles and the headlines change, we stay to provide ongoing assistance to those in need.

[Learn More About Lutheran Disaster Response](#)

[Giving to the ELCA](#)

- If you are new to Incarnation or you want to learn more about Incarnation ministries, [please complete this online form](#) we'll use to connect you to a ministry leader according to your interests.
- Please consider [giving giving online](#), allowing Incarnation to receive the funds quickly. You will be able to donate to the Ralph Reeder Food Shelf, Feed My Starving Children, the Operating Budget and more through the same link. [Click here](#) to learn about all the ways to give.
- [You can find the online worship web page here.](#)
- [To email the council directly, click here.](#)
- To request council minutes, please email [Julie Durbin](#).
- To be added to the public prayer concerns list, contact [Julie Durbin](#). If you would like to add someone else to the public prayer concerns list, please obtain their consent first.
- If you are ill, someone is hospitalized, or there is a death, call the Incarnation Office at 651-484-7213. If it is outside of Office Hours, contact the on-call Pastor at 651-484-7213 ext. 204.
- [The Staff Directory, with email addresses, can be found here.](#)
- Questions? [Contact Julie Durbin](#).

## Incarnation Lutheran Church

[incarnationmn.org](http://incarnationmn.org)

651.484.7213

### UNSUBSCRIBE — UPDATE CONTACT INFORMATION

If your contact information has changed or if you would no longer like to receive Online Worship Emails from Incarnation, please contact [Marina Nyberg](#) to take you off the list.

Please note that when you choose to unsubscribe using the link below, you will no longer receive ANY Incarnation email communications through Constant Contact. For this reason, you're asked to email [Marina Nyberg](#) if you wish to be removed from specific Incarnation email communications.



[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



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