

# **SUGGESTIONS FOR OPENING QUESTIONS**

*Connecting with One Another & Building Community*

1. What is something you are thankful for today?
2. What is your favorite place in your home? What makes it your favorite?
3. What pictures or reminders or art projects are on your refrigerator right now?
4. Tell us about a favorite movie, book, television show, or magazine.
5. What is the best gift you've received or the best gift you've given?
6. What's been a highlight of your week or month?
7. Tell about a simple pleasure in your life. What makes it joyful for you?
8. What is your favorite place in nature? What do you enjoy about it?
9. Where did you grow up? What is or was the best thing about that place?
10. What was one of your first jobs? What do you remember about your first day at that job?
11. What is your favorite "comfort food"?
12. Tell us about your first bike or your first car.
13. What would you do if you had an extra day this week?
14. Tell us about a memorable celebration.
15. Tell about a time when you received good news or gave good news.
16. What is something you carry with you almost all the time that has a special meaning?
17. Of all the places where you've lived, which one is your favorite or most memorable?
18. Who has inspired your life in some way? What did you learn from them?
19. Tell about a time when you took a risk or did something courageous.
20. What are you typically doing at 10 am on Tuesday morning? How does it relate to how you spend the rest of your week?

21. What is something you do almost every day?
22. What is your favorite smell, the sound you most like to hear, your favorite color, or food? What do you appreciate about it? What memories does it recall for you?
23. Name something you have in abundance at your house. What makes it special?
24. What is your favorite section of the newspaper to read?
25. What would be your most enjoyable way to spend \$30?
26. What is one thing that you are especially good at doing? (Or, what is one thing that others have told you that you are especially good at doing?)
27. If you could select any other job, career, volunteer opportunity, or other life activities to do regardless of your current skills, what would you select?
28. Do you have a favorite story from the Bible, scripture passage, or hymn? What is it and why is it a favorite?

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