



Lifetimes

March 2024

From the Pastor



Pastor Kai Nilsen

Seasonally, we've included a call and response at the end of our sending in worship. You know it if you've been around recently. "And next week... Bring a Friend!" The response is followed by a few chuckles and, I'm guessing, a few (or more than a few) reservations. Within the last few

weeks, I've had more than a handful of people say to me, "Look, I brought a friend!" And I think to myself, "Maybe, just maybe, this is catching on." Yet, the invite is still difficult for many, and for good reason.

When we invite anyone, we are taking a risk, aren't we?

- What if they don't feel comfortable here?
- What if they hear or experience something that offends them?
- What if they aren't greeted well?
- What if a pastor talks about the Ohio State Buckeyes again? (Easy Remedy: Don't bring them during football season if you know they are Michigan fans.)

Beyond all the risks, comes reality. An invitation from a friend is, by far, the most compelling reason for someone to start attending church. Some surveys have it as high as 85 or 90% of those who start attending come first at an invitation from a trusted friend or family member. Marketing has a small impact. Inspiring worship and other experiences are important after they arrive. But, if we are going to grow, it's because of you! Plain and simple.

We, then, as community and staff do have a responsibility to create an environment that is welcoming. Though we are not perfect at it, this is what we commit to you if you take the holy risk of inviting your friend:

- They will hear about a God who loves all. And all means all.
- They will experience a community on a journey, not one who has arrived. Which means, we are all in process.
- To the best of our ability, we will help them imagine what a life worth living looks like as Jesus' followers.
- To the best of our ability, we will live that life.
- We will be people who make mistakes, own up to them, and then do better.
- We will be a community that doesn't simply live for itself, but as co-creators of a better, more loving world.
- We will doubt, wander, and wrestle with how a loving God can be present in a world so filled with division and war and hate. We will doubt, wander, and wrestle with those questions together.
- We won't give up on one another because God doesn't give up on us.

Will all of those things happen all the time and in every interaction? No, of course not. Some of these are more aspirational than actual. But, we are on the way! If you think about it, that kind of community is what the three pillars of our three-year plan are helping us become. We are learning to live and love like Jesus for a lifetime (Deepening Faith) and co-creating a more loving world (Serving and Transforming Community) as we are caring for and sharing what God has first given us (Responsible Stewardship).

That's the invitation of Jesus. Glad to be on the journey together.

Peace, Kai



Tracy Strantz
President

On behalf of the Incarnation Staff and your Congregation Council, I want to thank everyone who joined us for our annual meeting on Sunday, February 18. We had great representation in person and virtually through Zoom, and we appreciate your time and thoughtful discussion. We also appreciate everyone who participated in our pre-meeting discussion forums on February 11 and 12. The topics and questions that you brought forward in these three forums have all been captured and are currently under review by the Congregation Council. We will follow up with individuals who posed specific questions and we will continue sharing updates with the entire congregation for awareness and transparency.

We welcome your feedback on additional ways we can improve these interactions. Please email the Council with any suggestions at council@incarnationmn.org and share your thoughts on what you appreciated, what could be better, and general observations on overall meeting time and content. We want to ensure we allow for sufficient discussion throughout the agenda, and we are required to follow specific protocols with regards to voting. We hope you found all the updates helpful, and we appreciate everyone's time commitment.

If you were unable to attend the February meetings, please know the Council intends to host quarterly open

The Council intends to host quarterly open discussion forums...

discussion forums where you will have more opportunities to hear updates on the 3-Year Plan, facility and budget considerations, and various ministry highlights. If there are topics you want to learn more about, please offer those suggestions as well. We've made some changes to how we manage our email to improve response time (we check the mailbox each week). Another option to engage with Council members is to visit us in between worship services. Most Sundays you will find a Council member stationed at our mobile Welcome Kiosk. Please come visit us in the Atrium over by Bethany Lounge and the Library. We're the ones wearing Council name tags and smiles on our faces!

I will close this month's update with one more thank you.

Several Council members and I had the opportunity to participate in the New Member Class on February 25. We met many new members and families who've chosen to make Incarnation their faith community. Thank you for choosing Incarnation. We are excited to welcome you and continue getting to know you.

Whether you are new to Incarnation, or like my family, you've been part of this community for a long time, it's an exciting time to be part of this congregation. We are transitioning from a COVID-influenced time period that was reactionary and oftentimes uncertain, to a multi-year period of strategic growth, renewal, and proactive decision-making. We look forward to more discussion with all of you as we embark on this journey together!

"Soup's On!" All Hands on Hope Soup Supper Fundraiser

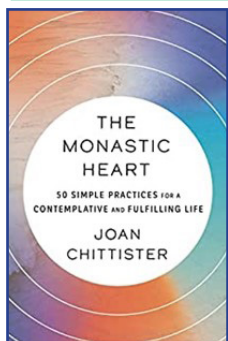
The Feed My Starving Children Action Group is preparing for this year's All Hands on Hope MobilePack™ to be held at Incarnation April 24 - 28. Please mark your calendars and plan to join us at a packing session – you can register to volunteer [here](#).

But first, please join us in raising money to pay for the ingredients for the MobilePack™. The FMSC Action Group is planning for an All Hands on Hope Soup Supper Fundraiser. Instead of pizza, please come for a bowl of soup on Wednesday, March 20, from 5:00-6:30 p.m. Invite family and friends to join that evening.

Tickets will be \$7 per person with a maximum of \$25 per family and will be sold at the door. All proceeds will go to fund meals at the All Hands on Hope MobilePack.™



Apostles Library Book Review



The Monastic Heart: Fifty Simple Practices for a Contemplative and Fulfilling Life

By: Sister Joan Chittister

Sister Joan Chittister, a Benedictine, is the author of more than fifty books as well as a renowned speaker and theologian. *The Monastic Heart: Fifty Simple Practices for a Contemplative and Fulfilling Life* is one of her latest titles.

The fifty simple practices are presented in individual chapters and show the components of the monastic life based on Benedictine monasticism. In every chapter Chittister gives an introduction to the topic and then shows the readers how the practice can be integrated in the everyday life. Sister Joan invites the reader to reflection. In the introduction she states: "To live a mature spiritual life requires that we choose the values that will ground our hearts, stretch our vision, and give new energy to our hopes..."

This is a wonderful book because it is not one you have to read from beginning to end - - you can choose a practice that speaks to you at a particular moment. Today you might need to read "On Growth" while tomorrow it might be "On the Invisible in the Visible" or "On Difficult Times". One does not have to be a monastic or a Roman Catholic to appreciate the need to find that deeper space in our true self so "that in all things God may be glorified."

Among the Congregation

PRAYER LIST:

Karin Brown; Nancy Ruehling; Matt Monzel; Kate Tollefson & family; Fred Knox; Dale Anderson; Joe Doncits; Roger & Dede Mattison; Marian Johnson; Jan Kuhrmeyer; June Fischer; Kirsten Blaseck; Wayne Quehl; Carol Beckerleg; Gene Lindholm; Marian Ness; Joe Stepka; Lowell Odland; Linda Hudepohl; Sue Bernlohr's mother; Lana Bergin's brother; Nicole & Troy Heller's brother-in-law; Mike Wielenberg's parents; Al and Carolyn Ek's son; Doug & Stacey Swanson's friend, Jason; Kim Wielenberg's friend, Cindy; Roger & Dede Mattison's friends, Linda and Yvonne

SYMPATHY TO:

the family of Jim Crawford on his death; the family of Bob Espelien on his death, the family of Madeline Joo Reis on her death; Leah Gustafson & family on the death of her mother; Bill Fitzsimmons & family on the death of his brother; Dave Swanson on the death of his sister; the Straka family and Melanie Swanson on the death of their aunt

RECENTLY BAPTIZED:

Hugo Atkins, son of Sarah & Paul Atkins;
Owen Merrick, son of Alaina & Kyle Merrick



**THURSDAY, March 28, 10:30 a.m. in Grace Hall
Doors Open at 10:00 a.m. - Program at 10:30 a.m.**

Lunch at 11:30 a.m. - \$10.00 payable at the door

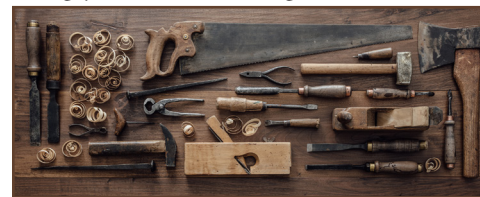
THE NATURE OF PHOTOGRAPHY

JIM RADFORD, photographer and member of Incarnation will present The Nature of Photography.

He shows the beautiful and powerful work of God through his photo presentation. Jim has shown his works throughout the community and has works on display at Taste of Scandinavia and regional public libraries. Come for a beautiful and inspiring morning! Please make reservations before Monday, March 25, through the church office at 651-484-7132.

Woodworkers

You are invited to the March 5 meeting of woodworkers, 7:00 pm at Dick Trapp's garage, 1045 Lake Oaks Drive, Shoreview. All are welcome, an interest in woodworking is the only thing you need to bring.



First Communion Milestone

Sunday, March 24

1:00 p.m. - 2:30 p.m.

The First Communion Milestone at Incarnation is one of the ways we strive to help families live out their baptismal promises to their child(ren). During this Milestone, there will be a time of learning, scavenger hunt, and an opportunity to make a First Communion stole. We ask that one parent attend with their child. On Thursday, March 28 we will celebrate all who participated in this Milestone.

Visit <https://onrealm.org/IncarnationLuth/PublicRegistrations/> to register for the First Communion Milestone.

Holy Hammers/Habitat for Humanity Project

The good news for 2024 is that we will be working close to home on new construction. The Holy Hammers (an ecumenical coalition of 15 area churches) will be working eight weeks, April 15 - June 14, to complete the construction of a Habitat for Humanity twin home at 3092-94 North Victoria Street in Roseville (across the street from Lutheran Church of the Resurrection).

Construction volunteers will be needed for interior and exterior painting, flooring installation, trim work, porch construction, etc. Food providers are needed to provide lunches and snacks for breaks. No prior construction experience is required since this is an excellent DIY learning experience. However, we do appreciate prior experience for the food providers. Your volunteer work on a Habitat project helps a family achieve their dream of home ownership. You also

benefit from the physical activity, mental stimulation, and social interaction. It is a good opportunity for the newly retired or anyone who can contribute for a day or two.

There will be an information table in the Atrium on the Sunday mornings of March 10, 17 and 24, where you can get information on the project details, Habitat for Humanity, and volunteer opportunities. For more information contact Jim Fruehling at 651-335-3554 or jamesw.f@icloud.com.



Thank you for your generous donations of Welcome Basket cleaning supplies for families at Solid Ground. Your gifts, along with your financial contributions, are invaluable in helping families as they settle into their new homes and begin their journey towards a brighter future.

A special note of gratitude goes out to Sydney, a junior at Mounds View High School, for her compassionate initiative in creating original works of art to be included in the Welcome Baskets for Solid Ground families. Sydney also donated birthday bags to help teenage girls celebrate their special day. When asked

Thank You for Welcome Baskets!

why Sydney chose Solid Ground for her service project, she replied, "It is an inspiring organization that is dedicated to helping our local families. And, honestly, it is important for me to be able to help people my age, so connecting with Solid Ground was a perfect fit."



Thank you to our community for extending such a warm welcome to our neighbors at Solid Ground. Your support is truly making a meaningful difference in the lives of our neighbors.

THANK YOU

CARE OF CREATION CORNER.



Do You Have a Sustainable Closet?

Do you know that our clothes have an impact on people and the planet? And a big impact at that. Many items produced by the fashion industry go unused, ending up in landfills and/or dumped in other countries. Production of clothing also contributes to the climate crisis, often polluting waterways with toxic microfibers and creating social injustice for garment workers. We individuals contribute to clothing industry waste as well — on average each piece of clothing gets worn only seven to ten times before discarding! The average American owns more than 150 pieces of clothing and in 2022 spent \$2,000 to buy more. (Per the Bureau of Labor Statistics)

You might try going on a clothing fast and buying nothing new for the next three months. It would be a good Lenten discipline this year. Who needs a new Easter bonnet?



National Faith + Climate Forum 2024

Save the Date April 16

Incarnation is a host site!

<https://nationalfaithandclimateforum.org/>

More information to come in the April newsletter and announcements.



Faith Formation Leader for Children's Ministry

This person will assist in adapting curriculum for the program year, assist in executing ministry on Sunday and Wednesday for children in preschool through fifth grade, assist with the planning and preparation for family & preteen fellowship events throughout the year and assist with special projects as they come up. The ideal candidate will have a heart for Jesus and children along with a minimum of two years of experience working/volunteering with children in a ministry setting. Computer skills are required. This position has flexibility to work remotely or in an office environment. Please submit a cover letter and resume to dgriffith@incarnationmn.org.



Experience Welcome at an Iftar

How can Incarnation engage in interfaith understanding and hospitality? This challenge is among possibilities the Kairos committee is considering for 2024-2025. You don't have to wait until next year; opportunities available now address concerns of current urgency.

Anti-Muslim discrimination is a problem that affects us all. By standing in multifaith solidarity with your Muslim neighbors - observing their religious rituals, hearing their prayers, and joining them in the breaking of fast - you build relationships, courage, and hope that can stand against fear and hate.

Ramadan, a holy month of fasting, prayer and devotion to God, begins Monday, March 11, and is expected to end on Tuesday, April 9. There are over 16 sites around Minnesota where you can meet your Muslim neighbors at a Taking Heart Ramadan Iftar. On the Minnesota Council of Churches website you can find an Iftar site near you.

Sign up to observe the prayer, share a meal, and make new friends. We bring more light into the world when we get to know each other better. If you do not find a site near you, check again! New sites show up with new dates throughout the season.

**Kairos meets Sunday Mornings at 10:15 a.m.
in the Fireside Room Mondays, Zoom, 7-8:30 p.m.
Link to meeting on incarnationmn.org/ministries/**

March 3 – 10:15 a.m.

March 4 – 7:00-8:30 p.m.

Spiritual Direction

**Dan Johnson, Managing Director, and Reina Brekke,
Spiritual Director, Loyola Spirituality Center**

Today, people from many spiritual traditions seek direction in their lives. Our best direction comes from God's own Spirit. "Trust in the slow work of God," said the great theologian Pierre Teilhard de Chardin, SJ. Spiritual direction is an ongoing relationship that gives us the time and space to notice our unique spiritual growth, the slow work of God, in our lives.

When we have the time to explore and really listen to the Spirit with a trusted companion, we open ourselves to wisdom, healing and growth. learn more about direction and see it in practice as we demonstrate what direction looks like.

March 10 – 10:15 a.m.

March 11 – 7-8:30 p.m.

**Ignatian Spirituality: Imagination and Holy Wondering
for Today**

**Dan Johnson, Managing Director, and Reina Brekke,
Spiritual Director, Loyola Spirituality Center**

500-year-old Spanish Christian practices are not the stuff of headlines, tweets, or tic-tocs. They are, however, wildly appropriate for the challenges and hunger of today's society.

These practices originate from the experience of a wounded soldier named Ignatius of Loyola. Using parts of his own story and prayer, we will see how imagination and wondering are key gifts for recognizing and trusting how the Holy is moving at the core of our lives. From that place of trust, we receive what we need to choose and live boldly in difficult times.

Dan Johnson has been listening to people's spiritual stories for over 25 years. Certified as a spiritual director from Christos Center in 1997, he earned an M.A. in Christian Spirituality from Creighton University in 2016. He is Managing Director at Loyola Spirituality Center and adjunct instructor at Augsburg University.

Reina Brekke's discovery of this type of companioning has been deeply transformative, leading her to pursue an M.A. in Spiritual Formation and Spiritual Direction from Richmond Graduate University in 2015. She is Spiritual Director with Loyola Spirituality Center and staff at Christos Center for Spiritual Formation.

March 17 – 10:15 a.m.

**LifeHaven: Building a Future for Homeless Teens and
Their Babies**

Monica Jones, Senior Program Manager, LifeHaven

Monica Jones, professional health advocate and community organizer with over 15 years of experience supporting her community and representing those that need a voice. As she reviews the history and overall success of LifeHaven and looks to future possibilities, she draws from significant experience working in youth and homeless service fields, providing public health services, and helping to break barriers in communities that are underserved.

Monica is extremely passionate about helping people become more aware of issues that create vulnerabilities in their community, including, but not limited to: racial inequality, housing instability and homelessness, sexual exploitation and gun violence. She shares, "I have great passion to help youth and communities become more aware of issues that need addressing and show folks how to create actionable steps to foster change. It is my calling to advocate for the needs of our youth and communities; we listen to folks, create plans for a better future, and take charge to make change."

March 24 – 10:15 a.m.

**ELCA Internship in Egypt and StARZ
(St. Andrew's Refugee Services)**

**Jennie Norberg, Chaplaincy Resident
Gundersen Health Systems, LaCrosse**

Norberg will share her seminary internship experiences in Cairo, Egypt, where much of the time she was working at St. Andrews Refugee Services (StARS). She calls this an amazing experience to see how God works in the world, especially in an area where Christianity is not in the majority, and especially considering the recent world events in the Middle East.

Before her time in Egypt, she taught English and Religion to high school students in Slovakia as part of the ELCA's Central Europe Teachers Program. Her first cross-cultural experiences, Incarnation's mission trips to Tanzania and Haiti, gave her a glimpse to the larger world and piqued her interest to continue to see how she could help.

Graduating from Luther Seminary in May 2023, she has been approved by the ELCA for ordination in the Ministry of Word and Service. She is currently doing a chaplain residency at Gundersen Health System in La Crosse, WI and will seek a call afterwards.

**March 31 – No Kairos
Happy Easter!**

Greetings from the music department!

Just two months into the year and it's already been a wonderful whirlwind of musical activity! In January members of the Senior Choir attended the National Lutheran Choir's "Tune Up" at Roseville Lutheran Church. This was an opportunity for over 350 people representing about 50 different congregations to enjoy a morning of fellowship, laughter, and some incredible music making as Artistic Director Jennaya Robison led the assembly through four new pieces of music.

What a thrill to have the Jack Brass Band lead us in worship and the following week be graced by the presence of T. Mychael Rambo. Many thanks to all of you who were



able to attend Amy Maakestad's incredible organ concert as part of the inaugural season of the Incarnation Music Series. We are so fortunate to have an artist of her caliber share what our beautiful organ is capable of! Lent began on Ash Wednesday with beautiful music from our Senior Choir, strings, and harp.

All of our ensembles as well as special guest soloists from within our congregation are busy preparing special music for Lent and Holy Week. If you have an interest in joining Senior Choir or any of our other ensembles - we would love to have you take part! Please contact me at sturner@incarnationmn.org.

See you in worship! Sean

Memorials

We honor the memory of loved ones in the memorial gifts given below:

Date Range: 1/17/24 to 2/23/24

Donor	Fund Name	In Memory of
Jim & Carol Fruehling	Memorial – Ralph Reeder Food Shelf	Bob Espelien
Jackie Best Holmstrom	Memorial – Undesignated	Audrey Friedman
Gary & Mary Lunstad	Memorial – Undesignated	Audrey Friedman
Jeffery & Judy Mason	Memorial – Undesignated	Audrey Friedman
Beverly Seabloom	Memorial – Undesignated	Audrey Friedman
Marlys J. Nelson	Memorial – Operating	Freda Munson
Marlys M. Nelson	Memorial – Ralph Reeder Food Shelf	Jean Lipke

This list reflects donations that were made payable to Incarnation Lutheran Church in memory of someone. Memorials are applied to whatever fund the donor designates. If not designated, sometimes the family requests what fund they would like the memorials designated to.

Note: If a memorial gift is received and the check isn't written out to Incarnation Lutheran Church, it will be forwarded directly to the organization that the check was made payable to. Those memorials are typically acknowledged by the organization that receives the donation.

Financial Report - January 2024

Actual January Operating Giving	\$263,908	YTD Operating Giving	\$263,908	YTD Operating Giving Budget	\$292,917
Actual January Operating Expense	\$219,153	YTD Operating Expense	\$219,153	YTD Operating Expense Budget	\$254,830
TOTALS	\$44,755		\$44,755		\$38,086
Actual January Mortgage Giving	\$47,532	YTD Mortgage Giving	\$47,532	YTD Mortgage Giving Budget	\$60,000
Actual January Mortgage Expense	\$20,675	YTD Mortgage Expense	\$20,675	YTD Mortgage Expense Budget	\$20,675
TOTALS	\$26,857		\$26,857		\$39,325

Volunteer. Donate. Pray.

“For I was hungry, and you gave me something to eat.”
Matthew 25:35

Every year, millions of children die from preventable causes such as pneumonia, diarrhea and undernutrition. Feed My Starving Children, <https://www.fmsc.org>, is a Christian non-profit organization that works with local volunteers to pack meals and distribute them through long-term partners worldwide. Incarnation will be hosting 17th Feed My Starving Children MobilePack™ from April 24-28, 2024. Volunteer registration is open and we need over 2,000 volunteers to pack 614,304 meals which will feed 1,683 kids for one year. At Incarnation, we are encouraged to think about ways we can imagine and co-create a better and more loving world. The All Hands on Hope MobilePack™ is just one way to accomplish this to make a difference in a child's life.

One way to help is to volunteer for a packing shift. Registration is easy and fast and just one, two-hour shift is impactful. Simply visit our <https://give.fmsc.org/campaign/2404-016ea-shoreview-mn-all-hands-on-hope/c519973/> and choose the shift(s) that work the best for you. We have varying days and times to fit your schedule. We also have many different jobs for all ages and abilities. It's the most fun you will ever have wearing a hairnet.

In order to pay for these meals, we have committed to raise at least \$180,000 and we are accepting financial donations to help us pay for the meals we pack. You can donate to the MobilePack™ today by visiting our event donation page. <https://give.fmsc.org/campaign/2404-016ea-shoreview-mn-all-hands-on-hope/c519973/>. Think about these amounts as you prayerfully consider your donation:

- \$106 feeds a child for a year
- \$424 feeds a family for a year
- \$2,255 feeds a classroom of 21 kids for a year
- \$12,000 feeds a village



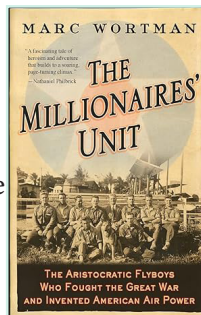
We also encourage corporations, both large and small, to be a part of this important event. We are looking for financial sponsorship and volunteers to encourage community participation and team-building. For more information on corporate sponsorship, please contact Don Martin at don@martin-mason.com.

Finally, we ask for you to join us in prayer for this event. We trust that our God will provide for us to reach our 2024 goals and we ask for His guidance as we do this important work. We also ask for prayers of thanksgiving for the opportunity to come together for this event, for protection and safety of those delivering these meals and for the children who will receive these meals to strengthen their bodies and spirits.

For detailed information about the MobilePack, visit our event web page, <https://www.incarnationmn.org/ministries/ministry-partners/feed-my-starving-children-fmsc/2023-all-hands-on-hope-mobilepacktm/> or contact Mike Vant at mjvant@gmail.com.

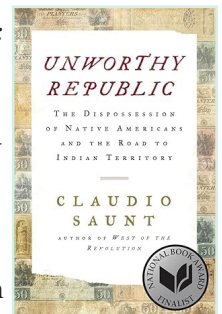
The men's history book group meets the first and third Tuesday in Bethany Lounge at 9:00 a.m. Even if you have not read the book, you are welcome to participate in the discussion if there is a topic that interests you. The upcoming books are as follows:

March - *The Millionaires Unit: The Aristocratic Flyboys Who Fought the Great War and Invented American Air Power* by Marc Wortman. This is a tale of a group of remarkable men who were moved by the love of adventure, patriotism, and a deep sense of responsibility to justify their own advantages and good fortune by risking their lives in defense of American values.



Men's History Book Group

April - We will discuss *Unworthy Republic: The Dispossession of Native Americans and the Road to Indian Territory* by Claudio Saunt which chronicles the forced migration of Native Americans across the Mississippi River in the 1830's and the state-sponsored theft of their lands.



All are welcome to come for the discussion if the topic is of interest.

Food & Fund Drive to benefit the Ralph Reeder Food Shelf

March 1 – April 7, 2024

The largest grassroots fundraiser and food drive in the state, the Minnesota FoodShare March Campaign, brings together various community organizations, businesses, and faith communities to help restock food shelves statewide, including the Ralph Reeder Food Shelf. The Ralph Reeder Food Shelf invited us to participate in the Minnesota FoodShare March Campaign by joining our friends and neighbors in collecting donations.

Your efforts will provide food and other programming and services for over 3000 children, adults and seniors that receive services from the Ralph Reeder Food Shelf each month. Last year alone, the food shelf gave out nearly one million pounds of food and other essentials to our neighbors in need.

You may be asking yourself, “How can we help this year?”

Donate Food - Incarnation will be hosting a month-long food drive targeting the Ralph Reeder Food Shelf’s most-needed items at this time. Paper bags with grocery lists will be available at the church. Please return the bags to the church no later than



Sunday, 4/7/24. **The more pounds of food and hygiene items we collect, the larger the bonus Ralph Reeder receives from Minnesota Foodshare. Share what you can!**

Donate Funds - We know that there are some folks who may still want to donate money or a combination of food and money. Donations can be made in a number of ways:

* via a check made out to Incarnation with Ralph Reeder Food Shelf in the memo

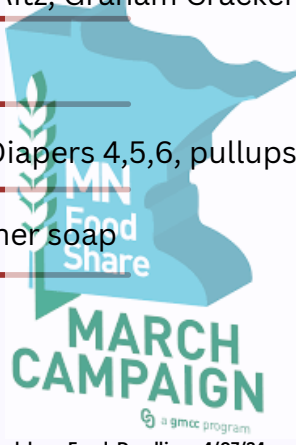
* online via this link to Incarnation’s Realm Give Now page, choosing Ralph Reeder Food Shelf from the Fund drop-down box: <https://onrealm.org/IncarnationLuth/-/form/give/now>

Every little bit helps! We thank you for your generosity

Grocery List of Needs – March Foodshare Month



- 1 Snacks - granola bars, fruit snacks, fish crackers, graham crackers, triscuits, chips, nuts, etc.
- 2 Baking Supplies - Flour, Sugar, Oil, Dessert Mix
- 3 Condiments - Mayonnaise, Salsa, Peanut Butter, Jelly, Salad Dressing
- 4 Meals - mac and cheese cups, chili, stew, etc.
- 5 Side Dishes- rice a roni, flavored noodles, mac and cheese, tuna & hamburger helpers
- 6 Breakfast - Hot and Cold Cereal, Granola, Cereal Bars
- 7 Crackers - Triscuit, Wheat Thins, Ritz, Graham Crackers
- 8 Beverages - Juice, Coffee, Tea
- 9 Hygiene & Baby - Fem. Hygiene, Diapers 4,5,6, pullups
- 10 Laundry detergent, dish/dishwasher soap



Last year, our food insecure neighbors made 47,800 visits to the Ralph Reeder Food Shelf and we gave out nearly one million pounds of food.

Share what you can - thank you!



Reminder a portion of all pounds of food and dollars are matched by the Foodshare Fund. Deadline - 4/07/24



March Worship & Bible Study

Lent Worship 7:00 p.m.
March 6, 13, 20



Engage: Wednesday Noon Bible Study

On Wednesdays at noon, join Pastor Joel Vander Wal to study a Biblical text or story related to the spiritual practice for that week and to talk about how to use the practice. This Bible study continues to March 20. No need to register. Attend one or all the sessions. Each Wednesday is a chance to take a closer look at the faith practice that is the focus for worship that evening. Bring a bag lunch (optional).

Every Wednesday, 12:00 noon to 1:00 p.m., from March 6 to March 20 in the Fireside Room at Incarnation



Holy Week Worship

Palm Sunday - March 24
9:00 & 10:30 a.m.

Maundy Thursday - March 28
7:00 p.m.

Good Friday - March 29
11:00 a.m.

family worship with young children*
7:00 p.m.

Easter - March 31
8:00, 9:30, 11:00 a.m.



All services livestreamed except *