



INCARNATION

LUTHERAN CHURCH

WELCOME TO WORSHIP



November 9, 2025 | Worship at 9:00 am and at 10:30 am

All live-streamed worship will be on Vimeo, but you don't need a Vimeo account to view the live stream. The live stream will begin about ten minutes before the start of the service, so you can make sure you can connect.

Connect to Worship at 9:00 am [HERE](#)

Prelude
Welcome
Opening Words
Hymn—ELW #875 Praise, Praise, Praise the Lord!
Prayer
Anthem
Children's Time
Anthem
Reading—Luke 22:1-23 (Exodus 16:1-18)
Sermon—Pastor Kai
Hymn—ELW #781 Children of the Heavenly Father
Prayers
Communion (All are welcome)
Next Steps
Hymn—ELW #822 Oh, Sing to the Lord
Sending
Postlude

Connect to Worship at 10:30 am [HERE](#)

Prelude
Welcome
Opening Words
Songs—All The People Said Amen
10,000 Reasons
Children's Time
Reading—Luke 22:1-23 (Exodus 16:1-18)
Sermon—Pastor Kai
Special Music
Prayers & Peace
Communion (All are welcome)

Next Steps
Song—This Is Amazing Grace
Sending
Postlude

[Watch later on Facebook](#)

[Watch later on the Web](#)

[Download a PDF of a guide for families worshipping together.](#)

Prayer Concerns

Maria & family; Ron Anderson; Sitraka Rakotoarivelo; Pat & Ken Olson; Mary Flanagan; Kris McCormack; Erin Holmen; Deb Rykken; Karen Stauder; Anna Thorstad; Guy Ahlstrom; Kara Genia & family; Jon Nelson; Kate Tollefson & family; Carol Beckerleg; Marian Ness; Lowell Odland; Linda Hudepohl; Eric Sinkula's mother; Ruth & Paul Howard's niece, Jeannie; Nicole & Troy Heller's brother-in-law; Kay Leerssen's daughter; Tom Henk's brother; Deb Rykken's brother; Sue Bernlohr's mother; Mike Wielenberg's mother; Al and Carolyn Ek's son; Kara Johnson's friends Ken & Trish; Nancy Haugen's friends David, Michelle & family and Colette & family; Kim Wielenberg's friend, Cindy; Dede Mattison's friends, Allan and Yvonne; caregivers

To be added to the public prayer concerns list, please get in touch with [Julie Durbin](#). If you would like to add someone else to the public prayer concerns list, please obtain their consent first.

Altar Flowers

Altar Flowers given to the Glory of God by...

- Jonathan & Michelle Wood in honor of Grant Wood's 18th birthday
- Gerri & Denny Hilgers in honor of their 50th wedding anniversary



If you would like to have altar flowers given in honor or memory of someone, don't hesitate to get in touch with the Incarnation Office at 651-484-7213 to sign up (cost: \$25). Donations help offset the cost of the beautiful flowers the Worship Arts team provides. Altar flowers express our love for God, enhance our gathering around the Word and Sacrament, and represent changing seasons both in the church year and in nature.



Click on the image above to link to our giving page.

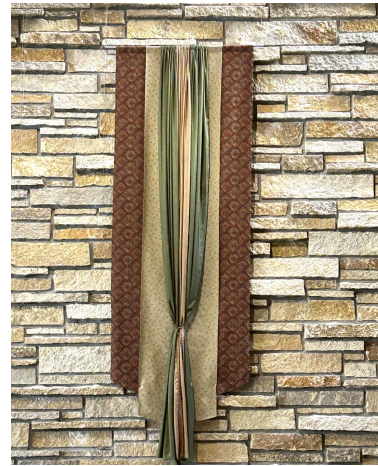
Giving a Gift

We are grateful for your continued support of the ministries at Incarnation. Your generosity is not only vital to our church's worship but helps us have an impact on people in the surrounding communities and beyond. We invite you to continue with us on this journey! If you have questions about setting up an electronic recurring donation or making a gift through stocks, an IRA, or a donor-advised fund, please reach out to [Amy Faymerville](#), our gifts manager.

WORSHIP & MUSIC

Worship Banner

The colors of the Harvest/Thanksgiving banner reflect the beauty of the fall harvest. Brown represents soil, green symbolizes growth, and gold represents the harvested crop. The weave patterns of the tapestry fabrics remind us of Paul's words in Colossians 2:2-3: "I want you woven into a tapestry of love, in touch with everything there is to know of God. Then you will have minds confident and at rest, focused on Christ, God's great mystery." (MSG)



Wingspan's Glee Club at Incarnation Sunday, November 16

Sing along with Wingspan's Glee Club as they perform *Fun Is Always in Our Forecast* under the direction of Sean Turner. **The free concert is at 2:00 pm on Sunday, November 16.** Special guest vocalists include Erin Schwab and Emily Villano.

[Wingspan Life Resources](#) is a non-profit that offers residential care in group homes and in-home programs to adults with developmental disabilities.

FREE CONCERT

Fun is Always in our Forecast

Sing along with Wingspan's Glee Club!

Join us on the sunny side of the street, and be prepared for a little purple rain as we sing songs by BJ Thomas, Willie Nelson, the Muppets, Prince, Stevie Wonder and more.

Enjoy an art showcase in the lobby, featuring art made by Wingspan clients!

Music Director: Sean Turner
Guest Vocalists: Erin Schwab & Emily Villano

Sunday, Nov 16th at 2pm

INCARNATION LUTHERAN CHURCH

Visit WingspanLife.org to learn more about Wingspan.

This activity is made possible by the voters of Minnesota through a grant from the Minnesota State Arts Board, thanks to a legislative appropriation from the arts and cultural heritage fund.

ANNOUNCEMENTS

Thank You! Red Cross Blood Drive Another Success

The tenth American Red Cross blood drive at Incarnation was a success thanks to the generosity of all the donors who gave blood and helped to save lives, and to the work of the church staff, the Red Cross staff,

and the volunteers who ensured that the drive went smoothly. Thank you all! If you are motivated to save even more lives, our next drive will be Thursday, January 29, 2026, from 10 am-4 pm. Please, follow this link to schedule an appointment.

<https://www.redcrossblood.org/give.html/drive-results?zipSponsor=IncarnationLutheran>



November 2 Discussion Forum Follow-Up

Thank you for joining our Fourth Quarter Council/Congregation Discussion Forum on Sunday, November 2nd. If you were unable to join the discussion, you may review the materials which are published on our Council Webpage (right above our Council Member Bio's). <https://www.incarnationmn.org/about/council/>

In addition, we want to share the following information:

Congregational Meeting – November 16

Following each service, we will hold a brief Congregation Meeting to seek approval for nominated candidates to serve on the Congregation Council, Synod Assembly, and Endowment Fund Committee. We thank this year's Nominating Committee for your support in identifying candidates. The Nominee bios and photos are available in the [Q4 Discussion Deck](#).

Constitution & Bylaws Task Force – Volunteers Needed

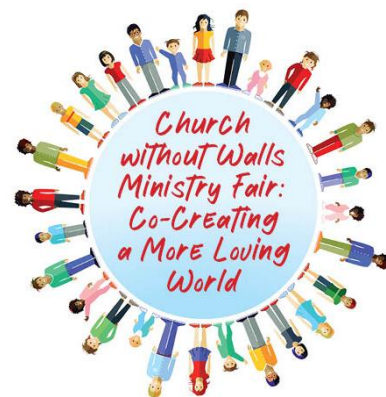
Council is seeking volunteers to participate in a short-term Task Force to review proposed updates to our Incarnation Constitution and Bylaws. The edits include ELCA-provided changes and edits on the Incarnation-specific sections to improve clarity and transparency. The group will meet 2–3 times to provide feedback before proposed revisions are submitted to the ELCA and our congregation for approval. If you are interested in learning more about our church governance or have writing/editing skills, we welcome your participation. Please [email the Council Council](#) via the link on the [Incarnation webpage](#) to let us know if you are interested in participating.

As always, we welcome additional questions and feedback on any of the topics included in the Discussion Forum materials. You may email us or visit with a Council Member at the Welcome Kiosk in between Sunday services.

Church Without Walls Ministry Fair

Once again, tables will line the hallways at Incarnation, highlighting the ways in which we are invited to extend God's love into our immediate community and around the world. You will have the opportunity to learn more, perhaps volunteer with, and financially support the ministries that our congregation supports beyond our physical building.

November 23, the Sunday preceding Thanksgiving, has again been set aside to help you visit with members of Incarnation who are involved with a variety of outreach opportunities. Displays and conversation will be available before the traditional worship hour (9 am) and continue throughout the morning. This means everyone will have the opportunity to connect, volunteer, and contribute.



Join in ministry during this special season of gratitude and outreach as we live out the message of the incarnation through the many ministries supported by Incarnation and our members. Opportunities abound to connect in areas of hunger, family shelter, housing, dementia/memory care, global partnerships and assistance, and more. Come and learn how you can extend the love you have received from God. We are all called to be part of the sharing of that great love. The ways to connect and serve are many — small and large, quietly and visibly, alone and with others. “Come and see”.



Welcome to the 2025-2026 Kairos season. The Kairos logo, the Jerusalem cross, is a universal symbol for Kairos/God’s time. Kairos sessions will be held at 10:15 am in the Fireside Room unless otherwise noted.

November 9

Senior Ministry Forum

Presenter: Patty Nilsen, Incarnation’s new Senior Ministry Leader

A recent Pew research study revealed that for seniors, faith is a prime factor in their identity, and their faith practices are sources of meaning and hope. More seniors attend worship than any other age group. They make up huge numbers of congregational volunteers and give generously to their churches. Nilsen invites you to share your ideas, wisdom, and perspective as we create this new ministry area together.



November 16

Lutheran Campus Ministry at the University of Minnesota

Presenter: Kate Reuer Welton, UM Campus Pastor

Lutheran Campus Ministry-Twin Cities is situated amongst 55,000 young adults at the University of Minnesota-Twin Cities. Join the conversation about what we’re learning at LCM about the unique challenges and longings of young adults, the kinds of Christian communities they crave, where young adults find meaning, and what their hopes are for the world.

We’ll also share how you can be a part of this life changing ministry. UM Campus Pastor at the University of Minnesota since 2010, Pastor Kate remains excited about proclaiming the Gospel in this lively context and working with student leaders to discern God’s call for our community.



Door Greeters Needed to Welcome Players and Keep the Game Going!

Our gym is open for pickleball again! We're looking for enthusiastic players and friendly **door greeters** to help welcome everyone. Door greeters will cover two-hour shifts each session to let players into the building. For

instructions and to sign up for available dates and times, click the link:

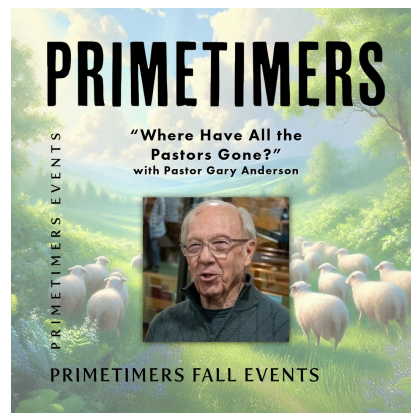


<https://www.signupgenius.com/go/60B0C45ABAB28A57-51542625-pickleball#/>

PrimeTimers

We're excited to welcome Pastor Gary Anderson for our November gathering! Our Theme: **Where Have All the Pastors Gone?** Pastor Anderson will share his thoughts on some of the challenges facing the ELCA today—and explore hopeful ways we can move forward together.

- **Thursday, November 20**
- **Doors open: 10:00 AM**
- **Program starts: 10:30 AM**
- **Lunch: 11:30 AM | \$10 (pay at the door)**



Come for the conversation, stay for the community (and the great food!). Don't forget to reserve your lunch spot—give Julie Durbin in the church office a **call by Monday, November 17**, at 651-484-7213 to sign up.

Ralph Reeder Food Shelf Holiday Baking Drive

The Ralph Reeder Food Shelf (RRFS) has a Holiday project underway! We want to help RRFS meet their goal of providing all of their clients with a bag of goodies for holiday baking. You can help to provide this baking opportunity to our neighbors with food insecurities in a number of ways.

First, you can provide any number of complete “Holiday Baking Bags” by collecting each item in the “Holiday Baking Drive” list (see below) into a shopping or gift bag; then drop them off at Incarnation or RRFS.

Second, you can purchase any items from the “Holiday Baking Drive” list and drop them off at Incarnation or RRFS:

- Flour
- White Sugar
- Brown Sugar
- Oil
- Chocolate Chips
- Vanilla
- Baking powder
- Baking Soda
- Optional examples – sprinkles, cookie cutter, measuring cups, favorite cookie recipe



Third, you can make a financial donation that is always welcome. Donate online (<https://pushpay.com/g/incarnationmn>) or make checks out to Incarnation -- with "Ralph Reeder Food Shelf" as the Fund or in the memo. Double your impact by donating during the Holiday Match period in November and December!

Note that non-perishable donations should be dropped off at Incarnation or RRFS no later than December 7. Thank you for making the holidays merry and bright for our neighbors in need!



INCARNATION

SMALL GROUPS

November, Advent & Winter Small Groups

We are about to begin a new season of Small Group Ministry!
Look for the Small Group tables on Sunday mornings, Oct 26, Nov 2, and Nov 9

Our Money Stories

This is our worship theme in November, in the days between All Saints and Advent
Join in this group led by Tim Gray that will use the *Our Money Story* Study Journal to explore the focal scriptures through art, reflections, and writing prompts.

Sunday afternoons at 4:00 pm

11/8, 15, 22, (skip Thanksgiving weekend), and 12/6 and 12/13

Advent Theme — What Do You Fear? Insisting on Hope this Advent

Small Group Leaders*

This is a short-term Small Group experience and there will be several different days/timeframes/formats to choose from, and groups will meet 3-4 times during the Advent season (Nov 30 to Dec 23).

** Are you a trained Small Group Leader who would like to lead a short-term group on our theme this Advent? Consider this resource that will also be offered as a devotional resource to the whole Incarnation community. Also, we will provide a group leader guide for those who would like that resource.*

Offered by:

Dianne Timmer – Sunday afternoons in Arizona

Jane Trapp – Thursdays afternoons at 3 pm – Dec 4, 11, and 18 – meeting on Zoom

Matthew: The Gospel of Promised Blessings by Matthew Skinner

Planned to begin in January 2026

The Gospel of Matthew portrays Jesus and his message as full of tender compassion and urgent warning. This six-part exploration of an enigmatic Gospel takes readers into the themes, topics, and tensions at the heart of Matthew's story about the life and work of Jesus. Chapters focus on blessing and comfort, judgment and retribution, the meaning of discipleship, Jesus' vision for the Church and world, conflicts and complaints, and how the Gospel of Matthew speaks to believers today.

Components include video teaching sessions featuring Matthew Skinner and a comprehensive Leader Guide.

Offered by:

Liv Rosin – on Wednesdays in the early afternoon, starting in January

Young Adult Small Group

It's more than a book—it's a movement. Born from the stories, struggles, and dreams of young adults, the collection of letters speaks to the most pressing issues of our time, including climate change, mental health, marginalization, and the pursuit of abundance and intimacy in faith.

*Priority for participants who are 18-30—if you are beyond that age, let us know of your interest, but indicate *eager listener*

Small Group Leaders – Mike Sell and Pastor Joy

Tuesday evenings once each month, 6:30 pm

Begins November 11

Preschool Parents Advent Small Group

Deacon Shirley Lee and Pastor Joy

We will use the Advent resource to get us started in building relationships between Preschool families—all are welcome, including Incarnation Preschool families and those worshipping at Incarnation who have a preschooler.

Day/time: TBD by group participants

Parents Small Group

A Bible study for parents interested in exploring the challenges of raising our children to be more dependent on God than us as they grow up. We will dig into God's word, discuss approaches and parenting insights from God that we can in turn apply at home.

Spouses switch off who comes. It's organically worked out that dads come one week and the moms come the opposite.

Every two weeks on Tuesdays, 8:30 – 9:30 pm

Small Group Leader: Caleb Cordes

Caregivers Group

Refilling the Reservoirs: *Spiritual Care for the Exhausted Caregiver* by Brenda Bos

Life as a caregiver is hard. There are no easy answers, and hope can feel elusive. Bos, a Lutheran pastor and a fellow caregiver, shares a spiritually grounded message of solidarity steeped in the conviction that God meets us in the hard places—even when it's difficult to see beyond our pain.

Small Group Leaders – Katie Solfest & Patty Nilsen

Tuesdays in January 6, 13, 20, and 27

Practicing Meditation with the Psalms

We will meet in the chapel with candles and dim light. Participants can sit in a traditional chair or bring a mat or blanket to sit on the floor. We will listen to one Psalm together and have a short conversation on it. Then we will do a traditional guided meditation, including deep breathing, attention to the body, listening, etc. Before the meditation is complete, we will hear the Psalm again and end with a breath prayer. We will all leave quietly.

Small Group Leader: Emily Schwieters

Meeting five Monday evenings, 6:30-7:30 pm. Jan 5, Jan 19, Feb 2, Feb 16, March 2

Young Adult Minstry News

[Pastor Joy](#) Gather Twin Cities has two events coming up for young adults:

- On November 16, our social gathering will be a Friendsgiving potluck. Thank you to Spirit Garage for hosting us! (More info in the graphic.)
- December 14, we welcome Bishops Jen and Patricia to co-host Gather with us at Norseman Distillery! (More info in the graphic below.)

For more information, please get in touch with [Pastor Joy](#).

Young Adults at Incarnation:

GATHER FOR

FRIENDSGIVING

JOIN US FOR AN EVENING OF COMMUNITY,
FELLOWSHIP, AND GREAT FOOD.
PLEASE BRING A DISH TO SHARE!

NOVEMBER 16, 6-8PM

SPIRIT GARAGE

100 W 46TH ST, MINNEAPOLIS, MN 55419

YOUNG ADULT EVENT SUNDAY DEC. 14TH

Norseman Distillery | 6:00pm-8:00pm



Bevies with the Bishops!



Join Bishops Lull & Nagel for an
Ask Them Anything night!

Garden Suite at Norseman Distillery
6 PM | Drinks available for purchase
(alcoholic & non-alcoholic)

Young Adult Small Group "Hungry for Hope"

"To be known is to be loved."

Many churches try to *know about* young adults,
but few take time to truly *know* them. Join us as
we read **Hungry for Hope**, a collection of letters
exploring the unique challenges young adults
(18-30) face today.

Tuesdays | 6:30 – 7:30 pm

Contact **Mike Sell** or **Pastor Joy** to sign up or learn more.

STARTS
NOVEMBER

11

Letters to the Church
from Young Adults



**HUNGRY FOR
HOPE**

Jeremy Paul Myers & Kristina Frugé, editors

Join us in this first discovery phase of our young adults here at church and our community at large.

The group meets on Tuesday evenings, 6:30-7:30 pm, starting on November 11. Contact [Mike Sell](#) or [Pastor Joy](#) for sign-up and questions.

Youth & Family Ministry

The Weekly Update

On Wednesday, 11/5, 6th and 7th graders learned from the Roman Centurion how far God's loving arms reach—even to those who exercise power over us and maybe mean us harm. 8th graders began their 2nd core course, The Jesus Story, and learn a helpful practice to step into Scripture--Lectio Divina. We ate pizza and played 9-square in the air (as pictured). Next week, 11/12, 6th and 7th graders will roll around in the story of the 12 Disciples and learn from their mistakes, doubts, and life-changing experiences with Jesus. 8th graders will continue the Jesus Story with a focus on how the message of God's grace and mercy is depicted in visual art--Visio Divina. Read below for a high school update...



A Few Updates

1. At First Thursday on 11/6, 60+ kids showed up at North Oaks Caribou for their free small caffeinated drink (in most cases) and a deeper sense of community
2. At the high school youth group on 11/9, we're doing a game night (gym + table games), 6:45-8:00 pm—bring a first-time visitor and receive 1 \$5 Caribou gift card for each
3. Wednesday, 11/19, is a pizza night, 5:00-6:00 pm (seriously, anyone is invited)
4. Serve cookies and coffee on Sunday (2 hrs) — [sign up here](#)
5. Be a Pizza Person on Wednesday (next one: 11/5)— [sign up here](#)
6. First Thursday (free small bev for 6th-12th graders), Thursday, November 6, 7:00-8:30 am, North Oaks Caribou

To view our schedules and loads of other stuff, head to our [MSM](#) or [HSM](#) webpages.

Disaster Response

Lutheran Disaster Response shares God's hope, healing, and renewal with people whose lives have been disrupted by disasters in the United States and worldwide. When the dust settles and the headlines change, we stay to provide ongoing assistance to those in need.

International:

- [Middle East Crisis](#)
- [Eastern Europe Crisis Response](#)

Domestic:

- [Flooding](#)
- [Hurricanes](#)

- Horn of Africa Drought
- Middle East & Europe Refugee Crisis
- South Sudan Relief
- AMMPARO: Protecting Migrants
- Severe Storms
- Tornadoes
- Wildfires

Like Lutheran Disaster Response on [Facebook](#), follow @ELCALDR on [X \(formerly Twitter\)](#) and follow @ELCA_LDR on [Instagram](#).

- If you are new to Incarnation or you want to learn more about Incarnation ministries, [please complete this online form](#) we'll use to connect you to a ministry leader according to your interests.
- Please consider [giving online](#), allowing Incarnation to receive the funds quickly. You will be able to donate to the Ralph Reeder Food Shelf, Feed My Starving Children, the Operating Budget and more through the same link.
- [You can find the online worship web page here.](#)
- [To email the council directly, click here.](#)
- To request council minutes, please email [Julie Durbin](#).
- To be added to the public prayer concerns list, contact [Julie Durbin](#). If you would like to add someone else to the public prayer concerns list, please obtain their consent first.
- If you are ill, someone is hospitalized, or there is a death, call the Incarnation Office at 651-484-7213. If it is outside of Office Hours, contact the on-call Pastor at 651-484-7213 ext. 204.
- [The Staff Directory, with email addresses, can be found here.](#)
- Questions? [Contact Julie Durbin](#).

Incarnation Lutheran Church

incarnationmn.org

651.484.7213

UNSUBSCRIBE — UPDATE CONTACT INFORMATION

If your contact information has changed or if you would no longer like to receive Online Worship Emails from Incarnation, please contact [Marina Nyberg](#) to take you off the list.

Please note that when you choose to unsubscribe using the link below, you will no longer receive ANY Incarnation email communications through Constant Contact. For this reason, you're asked to email [Marina Nyberg](#) if you wish to be removed from specific Incarnation email communications.



Incarnation Lutheran | 4880 Hodgson Road | Shoreview, MN 55126 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!