## Grocery List of Needs - March Foodshare Month



- Snacks granola bars, fruit snacks, fish crackers, graham crackers, triscuits, chips, nuts, etc.
- Baking Supplies Flour, Sugar, Oil, Dessert Mix
- Condiments Mayonnaise, Salsa, Peanut Butter, Jelly, Salad Dressing
- 4 Meals mac and cheese cups, chili, stew, etc.
- Side Dishes- rice a roni, flavored noodles, mac and cheese, tuna & hamburger helpers
- 6 Breakfast Hot and Cold Cereal, Granola, Cereal Bars
- 7 Crackers Triscuit, Wheat Thins, Ritz, Graham Crackers
- Beverages Juice, Coffee, Tea
- 9 Hygiene & Baby Fem. Hygiene, Diapers 4,5,6, pullups
- 10 Laundry detergent, dish/dishwasher soap

Last year, our food insecure neighbors made 47,800 visits to the Ralph Reeder Food Shelf and we gave out nearly one million pounds of food.

Share what you can - thank you!



